Form VA760	Lump-Sum Distribution Income Worksheet	2023
	(Keep for your records)	
Name(s) as shown on return		Your social security number

Lump-Sum Distribution Income - If you received a lump-sum distribution from a qualified retirement plan and used the 20% capital gain election, the 10-year averaging option, or both on federal Form 4972, complete the table below:

		Spouse	Taxpayer
1.	Enter the total amount of distribution subject to federal tax  (ordinary income and capital gain)		
2.	Enter the total federal minimum distribution allowance, federal death benefit exclusion and federal estate tax exclusion		
3.	Subtract Line 2 from Line 1. Enter this amount on Line 2b or 2c of your Virginia Schedule ADJ		